

# RECIPE FOR LOVE

Time honoured aphrodisiacs, kept secret by many cultures around the world, are part of our selection of tempting and delicious libido boosting creations.



**Asparagus** is high in Vitamin E which is considered a sex hormone stimulant. Combine it with celery, which contains androsterone, a powerful male hormone, and the effect can be explosive.

**Caesar salad with fresh asparagus and celery - \$28.00**



**Ginger** was widely thought to be an aphrodisiac in ancient Europe as it has the effect of relaxing the muscles.

**Ginger, banana, strawberry and champagne shots**  
150 ml x 2 - \$18.00



**Oysters** have long been known as an aphrodisiac, with raw oysters containing phosphorus, iodine and zinc. This combination of elements is guaranteed to put you in the mood for love.

**12 Natural Oysters - \$43.00**



**Ginseng Root** is believed by the Chinese to be the 'elixir of life' and commonly consumed; in Korea it is taken to increase the libido.

**Ginseng, banana, pineapple, orange, lime & coconut smoothie**  
500 ml - \$16.00



**Chocolate dipped strawberries** - as well as being delicious, are also a quick source of energy. Scientists believe that chocolate arouses the same feelings that people get when they are in love.

**6 Fresh strawberries covered in fine quality chocolate - \$22.00**



**SIR STAMFORD**  
at Circular Quay

Add to the enjoyment of your stay with temptations that combine delicious tastes with the wisdom of the ages.

Please call room service to order\*

\*All menu items are subject to seasonal availability.

Menu items and prices are correct at time of publishing, but may be subject to change.